

Tallilarimes

Vol. 3, Issue 8

407th Air Expeditionary Group, Ali Base, Iraq

Feb. 25, 2005

IN BRIEF -

OPSEC is your Responsibility

Information is all around us, and even small pieces of seemingly insignificant data can add up to a big problem in the hands of an untrusted agent. Safeguard and secure handwritten notes and paper documents, and be aware of information classification and storage standards. Remember to thoroughly check your pockets and clothing for personal or sensitive information prior to turn-in for laundry service. Be a good neighbor and help your fellow airmen.

Attire for exercising outside of tent city

If you exit Tent City for the purpose of exercising (running on Airport Road, running the Army physical conditioning course, completing the Air Force PT test, etc.) you may wear any proper gym attire. Proper attire is shorts, shirt, and shoes. Outer garments such as sweatpants and sweatshirts may also be worn.

Operation Reach Out POC

Individuals who have donations for Operation Reach Out need to pass them on to Staff Sgt. Erica Clark, 407th ESFS, so the items can be sorted and grouped prior to distribution.

Sergeant Clark can be reached at phone number 445-2232, or e-mailed erica.clark@tlab.aorcentaf.af.mi.

Questions about participating on an Operation Reach Out visit should be directed to Master Sgt. John Ragland at phone number 445-2077, or e-mailed: john.ragland@tlab.aorcentaf.af.mil.

Intel briefing

The Intel section offers a current intelligence briefing for all personnel (with clearance) on Wednesday at 0600/1200/1800.



Photo by Master Sgt. Mark Buche

Five-year-old Noor Al-Hady Hassan and her father give the "thumbs up" here Feb.15, as she gets ready to take off for Portland Maine to have surgery.

Dreams do come true

By Master Sgt. Terry J. Nelson

407th AEG Public Affairs

Last week little Noor Al-Hady Hassan, a five-year-old Iraqi girl, arrived in Portland, Maine, where she will undergo heart surgery.

The trip wouldn't have been possible, if it hadn't been for the countless efforts of many caring people.

Noor has struggled her entire life with a birth defect, which has caused her to have a hole between the two ventricles in her heart. Her condition has been diagnosed as Ventricle Septal Defect. If the defect wasn't corrected soon she would have been susceptible to heart failure.

The defect is easily corrected within the United States; unfortunately Noor lives in An-Nassiriah, Iraq, and Iraqi doctors said

they were unable to perform the surgery.

In July 2004, Noor's father was working as a security guard at the Al-Katoon Primary School in An-Nassiriah. During the same time the 115th Engineer Group, Utah Army National Guard (then deployed to Iraq) had soldiers tasked to rebuild the school.

Mr. Hassan explained Noor's condition to Capt. Talon Greeff, who was one of the design engineers on the school project.

Captain Greeff approached Maj. Joel Miller, a chaplain with the 115th Engineer Group, and asked him if there was anything he could do.

"She is a wonderful little girl," said Maj. Miller. "She has won the hearts of all the soldiers in the 115th and I wanted to do all I could for her."



Commander's Corner

Integrity First

By Capt. Sabrina Jones

407th ESVS Commanders

The sidelines erupt with yells of "He's out," or "She crossed the center." The players look to the referees for a call, "Am I out or not?"

Dodge ball is a high paced, highly competitive, integrity-based game. It is difficult for referees to see everything, so the majority of the time it requires the player to self-identify a hit and step out of the game.

While participating in and watching the games recently run by the Muscle Beach staff, I was excited by the high level of competition, but dismayed at the lack of integrity.

Players not exiting the game when hit by the ball or players once out slipping back in into the game when the opportunity presented itself, and spectators grabbing balls and throwing them to the other team on the opposite end.

I suppose a person could look at it as just a game and when it really matters they of course would not hedge on doing the right thing.

However the Air Force core value of "Integrity First" and true meaning doesn't allow a person to choose when it suits them. If willing to forego integrity on a relatively meaningless fun endeavor such as dodge ball, then when it really matters, what is to keep a person from hedging?

Integrity is integrity; it is not a part time trait. If a person is trustworthy in a small matter, they can be trusted in greater matters. If a person is not trustworthy in small matters, then how can a leader truly trust them with greater ones? For the majority of those that participated in the games held over the past couple of weeks and demonstrated integrity, way to go, for the rest, what a great time to practice.

(Some of the wording for this article was taken from "**Dodge ball, a lesson in integrity**" by Chief Master Sergeant Paul H. Weseloh, 376th Air Expeditionary Wing command chief that was found on Air Force Link.)

Tallil Talks... What has been the best movie you have see since arriving here at Ali Base?



Master Sgt. Fred Carter, 407th ESVS: "My favorite movie was a documentary called Rise and Fall of Nicholae Ceausescu."



Senior Airman Mike Bourcier, 407th ECS: "I liked Napoleon Dynamite."



Senior Airman Jonathan Bish, 407th ECES: "It is a toss up between Alien vs Predator and Collateral."



Senior Airman Vilynthia Cummings, 407 ESVS: "My favorite movie is The Butterfly Effect."



The Tallil Times

EDITORIAL STAFF

Col. Dennis M. Diggett Commander, 407th AEG

Master Sgt. Terry J. Nelson Editor/Chief, Public Affairs This funded newspaper is an authorized publication for members of the U.S. military services overseas. Contents of the TALLIL TIMES are not necessarily the views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force.

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Noor

Continued from Page 1

While Major Miller was home on leave, he was asked by other Utah State chaplains what type of humanitarian work they were doing.

That was when he told them about Noor. "I explained to them about Noor's condition and they became very interested in helping," said Maj. Miller.

When Capt. Clay Anstead, a chaplain in the Utah Army National Guard, heard about Noor's condition from Maj. Miller he contacted a good friend of his, Dr. Reed Quinn, in Portland, Maine, who is a pediatric heart surgeon and who does a great deal of humanitarian work. Once Dr. Quinn heard of Noor's condition he offered his and his hospitals support.

"Subsequently, I was put in contact with Mr. Rick Morrone, the Chief Executive Officer of the Maine Heart Surgical Associates in Portland, Maine," said Maj. Miller.

Mr. Morrone and Dr. Quinn gave generously, offering to provide all medical, surgical and rehabilitative services, and housing for Noor's father at the Ronald McDonald house in Portland.

The 115th Engineer Group offered to cover the cost of airfare for them from Kuwait City International Airport to Portland.

"People ask: 'Why do you put this much money and effort into one child?"' said Dr. Quinn. "And I tell them: 'Because one child can have a big impact on the world. You never know who Noor is going to become. It is worth it."'

Once Mr. Monroe and Dr. Quinn agreed to operate on Noor, they asked Major Miller if they could provide them with Noor's medical records.

"We took a videotape, with all of Noor's medical records, and sent it home with one of the soldiers who was going home on leave," said Maj. Miller. "Then he gave it to my wife and she FedExed it to the doctor."

As Mr. Monroe and Dr. Quinn were readying for Noor's arrival Maj. Glenn Rubalcava, a Public Heath Officer for the Humanitarian

Operations Center, began to secure a flight from Al-Nassiriah to Kuwait City International Airport for Noor and her father.

The Humanitarian Operations Center is an organization made up of coalition military forces and Kuwaiti military/civilian personnel who work together to facilitate humanitarian relief for Iraqi civilians.

"The quickest, safest and least stressful was for Noor and her father to arrive in Kuwait was by air, said Major Rubalacava. "We knew the Japanese Air Force flew humanitarian missions throughout Iraq, but we had no point of contact."

After determined attempts to move Noor to a U.S. aircraft stalled, Lt. Col. Mark Matthews, Central Command Air Force Combined Air Operations Center/Air Mobility Division mobility officer consulted with our coalition partners, the Japanese.

"I consulted with Col. Kazumoto Aratani, Japanese Combined Air Operations Center liaison officer and he began the process of consulting Tokyo for approval to fly the mission," said Lt. Col. Matthews.

Colonel Aratani contacted Col. Hitoshi Ishikawa, a Japanese Defense Attaché Counselor, who worked with the Japanese Air Force, to see what could be done. Col. Hitoshi came into his office, during a Japanese holiday, and worked to get approval. He made calls to Tokyo, Qatar and Iraq, and made it happen.

Thanks to the efforts of Maj. Rubalcava, Lt. Col. Matthews, Col. Aratani, Col. Ishikawa and the Humanitarian Operations Center, Noor and her father now had a flight aboard a Japanese C-130 from Ail Base, Iraq, to Kuwait City International Airport.

While the Japanese were finalizing the flight plans, Maj. Miller went to work assuring Noor and her father had the appropriate visas and passports to allow them to travel to the United States.

The only issue left was transporting Noor and her father from Al-Nassiriah to Ali Base, Iraq.

Major Miller asked his counterparts at Camp Adder, which is located a few miles from Al-Nassiriah, if they could help. They jumped at the opportunity to assist Noor



Courtesv Photo

Noor Al-Hady Hassan stands on the runway here Feb. 15. From here she is headed to Kuwait City International Airport and then to Portland, Maine

and volunteered to provide her and her father with an armed escort from Al-Nassiriah to Ali Base.

On Feb. 15, Noor and her father arrived safely, via military escort, at Ail Base, and at 10 a.m. local time boarded a Japanese C-130 bound for Kuwait City International Airport.

On Feb. 17, Noor and her father flew out of Kuwait to Portland, Maine.

Last week, after months of coordination and a very long flight, Noor and her father arrived in Maine and at last Dr. Quinn was able to meet his tiny patient face to face.

"I see a very beautiful, bright and intelligent little girl who has a wonderful future ahead of her. She deserves every opportunity to enjoy a happy and healthy future," said Dr. Quinn.

Noor is scheduled to have surgery soon and her recovery should take between 4-6 weeks, and Mr. Morrone, has offered to provide an Arabic interpreter for them during their stay.

Back issues of the Tallil Times can be found on the shared drive at S:\407 AEG\Public\PA\Tallil Times Archive

Mentoring our leaders of tomorrow

By Master Sgt. Robert Sobush

407th AEG/ECS First Sergeant

Much discussion is taking place in the Air Force regarding mentoring and its merits. Many older troops (in service 10+years) complain the younger troops today are not as "sharp" as they were when they were Airman.

The complaint goes on about how there is no respect and how today's troop has no fear and believes they have the right to file complaints with any level of command without following the chain of command.

I am chairperson for the Cannon Mentoring Network, a program at home station, designed to give supervisors an assist with mentoring.

My first question is how have they been mentored? Mentoring is a relationship in which the older person passes wisdom and guidance to the younger person.

The key word in that definition is relationship (a state of affairs among people dealing with each other). Many people will nod and say yes I have mentored, but have you really?

You may have been simply correcting a bad behavior in which case you have been counseling (which is reactive) rather than mentoring (proactive).

When providing counseling for poor performance, have you stopped by their

work center later and explained why you did what you did?

I had a young person not long before I left Cannon AFB, NM., say he wanted to get out because he didn't do anything important. I was surprised by this because while he knew his job, he did not understand how it was important. I made sure he knew he was important and then talked with his supervisor about it.

Mentoring is providing wisdom to people, and shouldn't we all be doing that?

All of us should be training our replacement in case we retire or PCS. Make sure you leave the Air Force knowing you have done all you could to bring up your troops in "The Air Force Way".

Hey! What'd you get that one for?

By Senior Master Sgt. Whitney Jackson

407th AEG PERSCO

How many of us have answered that question as someone looked us over while we wore our 'chest full of medals.' PERSCO has that answer for you, but in reality much of that decision depends upon you.

Deploying to the old Tallil Air Base or the new Ali Base makes you eligible to wear the Armed Force Expeditionary Service Ribbon (AFESR) with Gold Border, once you've been here for 45 consecutive days or 90 nonconsecutive days on a deployed status.

The AFESR shall be worn between the Air Force Overseas Long Tour Ribbon and the Air Force Longevity Service Ribbon. Subsequent awards of the ribbon are denoted by oak leaf clusters. Keep reading, there is at least one more medal that you will have to choose to wear. That's right, I said, "choose."

For instance, there is the Global War on Terrorism Expeditionary Medal (GWOT-E).

Merely by deploying to Iraq (there are other qualifying countries as well), for 30 consecutive days or 60 nonconsecutive days (there

is no time limit required for nonconsecutive days to be accumulated)—you have just earned yourself another medal. You are only authorized one GWOT-E medal in your career, meaning oak leaf clusters will not be worn on this medal. This is where keeping your medals straight gets tricky—read the next two paragraphs carefully!

There are two new medals approved by the President of the United States that we are authorized to wear ONLY IF we DO NOT





apply to wear the GWOT-E medal.

These medals are the Iraq and Afghanistan Campaign medals.

You are qualified to wear the Afghanistan Campaign medal if you served in Afghanistan on or after October 24, 2003 to present date.

To be eligible to wear the Iraq Campaign medal, you must have served in Iraq on or after March 19, 2003 to present date.

It is important to keep a copy of your paid travel voucher until the Air Force Personnel Center has a chance to announce how it will update these medals in our personnel records.

So you have to ask yourself, "Which medal do you want to wear for this deployment period?" The GWOT-E, Iraq Campaign Medal, or the Afghanistan Campaign Medal?

It's your choice, but as we look to the future, most of us will have a chance to earn the GWOT-E on future deployments; we may get lucky and never have to return to Afghanistan or Iraq.



Listen up Warfighters ...

Seat belts save lives, and it's the law. Make sure you wear yours, and wear it properly!

Ali Base entry point changes

By Capt. Jeff Becker

407th ESFS

Ali Base has a new main entry point. As part of an on-going effort in cooperation with the U.S. Air Force and U.S. Army, improvements have been completed to the point where the main entry point has been moved to better protect troops working there and military and civilian personnel transiting through the entry point.

The new configuration allows multiple layers of check points to insure that non-United States and Coalition personnel are not showing any hostile intent by allowing interrogation of their intent and total denial of high speed access to the base.

The effort to make these improvements started back in October at the beginning of the current security forces rotation.

It was realized almost immediately that

the then current configuration offered only one opportunity to interrogate the intent of drivers and resulted in no immediate opportunity to physically deny entry or respond to a hostile attack.

It also offered no safe way for local nationals to enter the base on foot for work in the morning, as they had become used to walking down the original Nasiriyah Road which was closed off for the former Korean hospital area.

Large groups would congregate along the road in the morning waiting to enter the base, creating a huge force protection concern for a possible suicide bomber attack that would have easily killed over 200 local and third country national installation employees.

The previous Air Force civil engineering rotation built the new towers and installed the slide arms barriers. They also

built the bypass road and new gravel dump lot, which allowed large trucks to bypass the entry point and moved the process farther away from the entry point to create standoff.

U.S. Army leadership has been successful in advocating for technology, such as an ionscanner to detect explosives in the personnel search area and is advocating for other high tech equipment.

The current Air Force civil engineering rotation has widened the road, moved the large barriers along the road, which required a crane due to their weight, and relocated the gate shack to its new location. This configuration puts the first check farther from the Visitor Control Center, which means more stand off and protection for people processing on to Ali Base and more reaction time for our overwatch towers to stop a hostile attack.

AROUND YOUR AIR FORCE _

General Jumper: Air Force will uphold standards

The Air Force will uphold its standards, and people who break the service's core values "will pay the price," the Air Force chief of staff said.

Gen. John P. Jumper also told the more than 1,000 attendees at the Air Force Association's annual Air Warfare Symposium here Feb. 17 the service will not hide from media scrutiny.

"We will maintain the standards of our U.S. Air Force. Those standards are high," he said. "And we're not going to back away from the glare of reporting that puts things in another light."

The general's impassioned remarks came during his more than 35-minute speech to the association where he outlined the Air Force's course for the future.

The Air Force will tackle its problems "head on," General Jumper said. "That's not going to change." He said the thousands of Airmen at home and deployed worldwide, facing hardships and risking their lives, deserve no less.

"These Airmen live our core values, especially the one that says 'service before self," he said. The Air Force, he said, will ask those who do not live the core values to leave the service.

General Jumper said Airmen also must consider other important issues that are now part of the everyday reality of being in an Air Force where every Airman is part of a deployable, expeditionary force.

For example, the general said there are Airmen who are content to stay in one place, who are not willing to move. When

asked to relocate for the good of the Air Force, they resist. He said that attitude is not part of the service's core values.

"We're asking people to be fit," he said. "The fitness program is taking root throughout the Air Force, and things are getting tougher, not easier."

The general said the Air Force will soon start to include fitness evaluations in performance reports. And he said the service will also hold squadron commanders accountable for the fitness of their unit. The Air Force is developing the tools to ensure that happens.

"And the payoff will be huge" because the Air Force will be a fitter, more capable force, he said.

General Jumper said the Air Force will continue developing Airmen who demonstrate the service's core values, day in and day out. But, along the way, he said, "Sometimes we have deviations.

"In the press, you will find people who are talking about the Air Force Academy or this problem or that problem within our Air Force," he said. "(Problems such as) the issue of sexual assault (or) the issue of religious tolerance at the Air Force Academy."

Why such issues are in the press is apparent, the general said. "The reason they are writing about it is because we are visibly out there attacking (the problem) — not hiding it," he said.

Focus 56 spearheads base clean up

By Master Sgt. Terry J. Nelson

407th AEG Public Affairs

Nearly 200 people met early Saturday morning at the Hot Spot here to help clean up our base and Tent City.

"The support from all the base organizations was awesome," said Tech. Sgt. Kimberly Justice, 407th Expeditionary Logistics Readiness Squadron and Focus 56 member. "The AEF 3/4 people really take pride in keeping the places where they live clean. Everyone worked as a team and picked up a ton of garbage in less than an hour."

During the last base cleanup done by the AEF 1/2 folks they collected 22 garbage bags full of garbage.

"It looks like we filled five 10yard dumpsters and two 12-yard dump trucks full of garbage," said Senior Master Sgt. Maurice Stansbury, 407th Expeditionary Civil Engineer Squadron superintendent.

The clean up was an overwhelming success and planning is already in the works for another clean up day in the future.

"I would like to to say thank you to everyone for an extremely



Photos by Master Sgt. Terry Nelson

Senior Master Sgt. Maurice Stansbury, 407th Expeditionary Civil Engineer Squadron, directs a front end loader Saturday during the first base cleanup of AEF 3/4. Five 10-yard dumpsters and two 12-yard dump trucks full of trash were collected during the clean up.

successful event," said Chief Master Sgt. James Lawrence, 407th Air Expeditionary Group superintendent. "The planning and execution was superb and I couldn't be any happier with the job that was done today."



Airman 1st Class Hong Zhou, 407th Logistics Readiness Squadron, helps with the base clean up here Saturday.



Technical Sgt. Kimberly Justice (Left) a member of Focus 56, takes her garbage to the collectrion point Saturday.



Nearly 200 people turned out Saturday to clean up the base and Tent City.

Passwords key to computer security

By Staff Sgt. Scott Tennyson

407th ECS Information Assurance

Probably the most common issue with all users on a secure network is passwords. To users, many passwords are an inconvenience set up for no other reason than to give the power mad administrators of the network more control and to make it difficult for users to get into their own files.

To network administrators, the password is a valuable tool used to help keep unauthorized persons from accessing valuable government resources. Administrators will routinely use tools to make sure that domain users are using the best possible passwords. In fact, both user and administrator pose very valid points.

Studies suggested that users choose passwords based on one of four criteria:

- "Family" Names and nicknames of family members or pets. Almost half of the people that were polled in the study fell into this category.
- · "Fan" Sports stars, cartoon characters, or pop stars. This group makes up about a third of the people polled.
- · "Self obsessed" About 11 percent of the people polled used passwords like "sexy," "stud," or "goddess."
- · "Cryptics" About 9 percent used complex passwords, specifically chosen to enhance security.

The first three examples shown are passwords created from a personal item. An attacker may be able to crack your password simply by knowing a little bit about you. These types of passwords are usually found on a user's desk or wall, i.e. pictures, souvenirs, screensaver photo, anything that might show something a little personal about the user.

The last example is stating that the best passwords are the ones that are difficult to remember because they are just arbitrary characters made up for the purpose of stopping attackers from accessing the computer.

Passwords are the first line of defense against unauthorized users. CENTAF policy dictates that passwords are to have at least 8 characters including alpha numeric; lower and uppercase; and a special character;

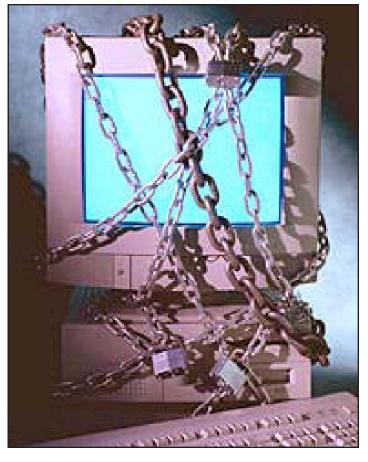
One should not use real words, regardless of the language, nor use real words spelled in reversed. If these criteria are not followed, attackers who wish to compromise the network will have an easier time obtaining real passwords and gain access to restricted government information.

Even worse, they could impersonate you in order to obtain information or equipment they couldn't get otherwise!

Although it is inconvenient for the everyday user and makes it more difficult to get to their resources, that is exactly the reason behind it.

The more inconvenient and difficult it is, the more frustrating it will get for an attacker and the more likely that they'll move on to an easier target.

To help make sure the amount of unacceptable (weak) passwords is minimal, password cracking tools are used. These cracking programs reach out to



every username on the network and attempt to "crack" the associated password.

This is done through certain parameters set up on the crack program. These parameters are built around the local policy. The program will check every password for length, characters and dictionary words. These cracks can also be set to perform at a minimal level, for just the weakest passwords, all the way up to a brute force attack which will continue until every password on the network is cracked.

If a user's password is cracked, that user is contacted and their account is disabled until they come in to the NCC to create a new password. To obtain or change a password the user must personally come to the help desk.

Passwords are only given in person to a user with valid identification. By educating users on correct password usage and by using the available tools, unauthorized access to network resources is virtually nonexistent.

So next time that you mistype or forget your password and you start thinking.

"Why do I have to have a password anyway?", or "Why do they make the rules so strict?", remember that the easier it is for you to get into your computer, the easier it is for someone else to get into it.



407th AEG Warrior of the WeekTSgt Gregory Call



Unit: 777th Expeditionary Airlift Squadron
Home unit: 463rd Operational Support Sq., Little Rock AFB,
AR.

Why other warriors say he's a warrior:

Technical Sgt. Call possessed the epitome of Warrior Spirit. While deployed to Ali Base and assigned to the 777 EAS he did anything and everything to help this organization as well as the Iraqi's Squadron 23 succeed. He performed all that he did in an outstanding manner. Most of these duties were above and beyond his primary duty as an Information Manager.

What is your most memorable Air Force experience:

Being stationed at Yokota Air Base, Japan from 1984-91 as a fire fighter... being the TOP RANKING Senior Airman on "A" Shift and handling the shift cleaning duties, always giving SrA Appling the fun job of mopping the stall floors... now, running into him at Ali Base as a SMSgt and the Base Fire Chief. I screamed... and ran.

Identify This



KNOW WHAT THIS IS? Each week, the "Tallil Times" staff takes a photo from around Ali Base. If you can identify the object or item, shoot us an e-mail at: tallil.times@tlab.aorcentaf.af.mil. with "Identify This" in the subject block. The winner will have their name printed in the Tallil Times. Congratulations to Senior Airman Thomas Koontz who correctly identifying the photo in last week's newspaper of a hammer.

Wild Iraqi Safari

Hedgehogs



If you happen to be outside at night and a cute, spiny little creature shuffles up to you, it's a hedgehog! The long-eared desert hedgehog, Hemiechinus auritus, is fairly common here on Ali. Many Americans are unfamiliar with hedgehogs because there are no native species in North or South America, but there are actually 14 different species of hedgehogs found throughout Europe, Africa, and Asia. Hedgehogs are mammals and belong to the order Insectivora, which also includes shrews and moles.

Wild hedgehogs are surprisingly friendly, probably because they have few natural enemies. They have two impressive defensive features: their spines and their resistance to poisons. When threatened, a hedgehog can raise and cross its spines and curl up into a complete ball. The spines are very sharp and it is nearly impossible to force a hedgehog to uncurl. Hedgehogs are also remarkably tolerant of the venom of snakes, scorpions, bees, and wasps, with a resistance up to forty times that of other small mammals.

Hedgehogs are nocturnal, and spend the entire night running around in search of insects, camel spiders and scorpions to eat. The have poor vision, but an excellent sense of smell. Loners by nature, they hibernate in their burrows during the cooler months. May and June is the breeding season for hedgehogs in this part of the world, and females give birth to 1-6 little hoglets. Fortunately for female hedgehogs, the spines of the tiny hoglets stay beneath their skin until after birth.

Column and photo courtesy of Maj. Sharon Spradling, 407th Expeditionary Medical Group.



OUT AND ABOUT



Worship services

Worship is at the 407th Air Expeditionary Group Oasis of Peace Chapel, unless otherwise noted. The chapel is open 24 hours a day for prayer and reflection. For details on worship opportunities, call 445-2006.

Sunday

0730 Catholic Confession @ Chapel/Chaplain's Office

0800 Roman Catholic

Mass @ Chapel 0930 Traditional Protestant

Service @ Chapel

1000 LDS Service @

Army Religious Activity

Center

1030 Roman Catholic Mass @ Camp Cedar

1230 Gospel Service @

Big Top

1800 Contemporary Praise Team Rehearsal @ Chapel

1900 Contemporary

Worship Service @ Chapel

Monday

1800 Weekday Mass @

Chapel

1830 Gospel Service

Prayer Hour @ Conf.

Room

1930 Gospel Choir

Rehearsal @ Big Top

Tuesday

0600 Weekday Mass @

Chapel

1900 RCIA @ Conf.

Room

Wednesday

1700 Catholic Choir

Rehearsal @ Chapel

1800 Weekday Mass @

Chapel

2000 40 Days of Purpose Bible Study @ Chapel Annex

Thursday

0600 Weekday Mass @

Chapel

1830 Catholic Choir

Rehearsal @ Chapel

1900 LDS Study @ Army Religious Activity Center

1945 Gospel Service Bible

Study @ Chapel

Friday

1800 Weekday Mass @

Chapel

1830 Gospel Choir Rehearsal @ Chapel

1145 Islamic Prayer @

Army Religious Activity

Center

Saturday

1730 Catholic Confession

@ Chapel/Chaplain's

Office

1800 Catholic Vigil Mass

@ Chapel

1900 Contemporary Praise Team Rehearsal @ Chapel





Todau

Noon, Sky Captain and the World of Tomorrow 8 p.m., Sky Captain and the World of Tomorrow Midnight, Sky Captain and the World of Tomorrow

Saturday

Noon, The Incredibles 8 p.m., The Incredibles Midnight, The Incredibles

Sunday

Noon, Viewers Choice 8 p.m., Viewers Choice Midnight, Viewers Choice

Monday

Noon, Alfie 8 p.m., Alfie Midnight, Alfie

Tuesday

Noon, Ray 8 p.m., Ray Midnight, Ray

Wednesday

Noon, The Grudge 8 p.m., The Grudge Midnight, The Grudge

Thursday

Noon, Sky Captain and the World of Tomorrow 8 p.m., Sky Captain and the World of Tomorrow Midnight, Sky Captain and the World of Tomorrow

Mar 4th

Noon, The Incredibles 8 p.m., The Incredibles Midnight, The Incredibles



From the chapel

A mouse looked through a crack in the wall to see the farmer and his wife opening a package; what food might it contain? He was aghast to discover that it was a mousetrap! Retreating to the farmyard, the mouse proclaimed the warning, "There is a mousetrap in the house, there is a mousetrap in the house "

"The chicken clucked and scratched, raised her head and said, "Mr. Mouse, I can tell you this is a grave concern to you, but it is of no consequence to me; I cannot be bothered by it.

"The mouse turned to the pig and told him, "There is a mousetrap in the house.'

"I am so very sorry, Mr. Mouse," sympathized the pig, "but there is nothing I can do about it but pray; be assured that you are in my prayers "

"The mouse turned to the cow, who replied, "Like wow, Mr. Mouse, a mousetrap; am I in grave danger, duh?"

So the mouse returned to the house, head down and dejected to face the farmer's mousetrap alone. That very night a sound was heard throughout the house, like the sound of a mousetrap catching its prey. The farmer's wife rushed to see what was caught. In the darkness, she did not see that it was a venomous snake whose tail the trap had caught. The snake bit the farmer's wife. The farmer rushed her to the hospital. She returned home with a fever. Now everyone knows you treat a fever with fresh chicken soup, so the farmer took his hatchet to the farmyard for the soup's main ingredient.

His wife's sickness continued so that friends and neighbors came to sit with her around the clock. To feed them, the farmer butchered the pig. The farmer's wife did not get well, in fact, she died, and so many people came for her funeral. The farmer had the cow slaughtered to provide meat for all of them to eat.

So the next time you hear that someone is facing a problem and think it does not concern you, remember that when the least of us is threatened, we are all at risk



Zig Tours

The 407th ESVS is offering Ziggurat tours. Tours are Tuesdays, Thursdays and Saturdays. Anyone wanting to take part in the tour must be at the Hot Spot at 9:30 a.m. The group must have at least four but no more than 12 people.



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Today, Yoga, 5:30 a.m.

Wednesday, Circuit Training, 7:00 p.m.

Saturday, Circuit Training,

6 p.m.

Thursday, Tai Chi, 5:30 a.m. Dodgeballl, 6 p.m.

Sunday, Sit up Competition, 10 a.m.

Mar. 4 Yoga, 5:30 a.m. Dodgeball, 6 p.m.

Monday, Taebo, 5:30 a.m.

Tuesday, Tai Chi, 5:30 a.m.



Tuesday, 501 Darts, 2 p.m.

ESVS Presents

Just for fun

Saturday, Spades Tourney, 8 p.m. Wednesday, Foosball, 2:00 p.m. Thursday, Ping Pong, 8:00 p.m.

Sunday, Casino Night, 7:30 p.m.

Mar 4., Combat Bingo, 7:30 p.m.

Monday, Madden League, 7:30 p.m.

